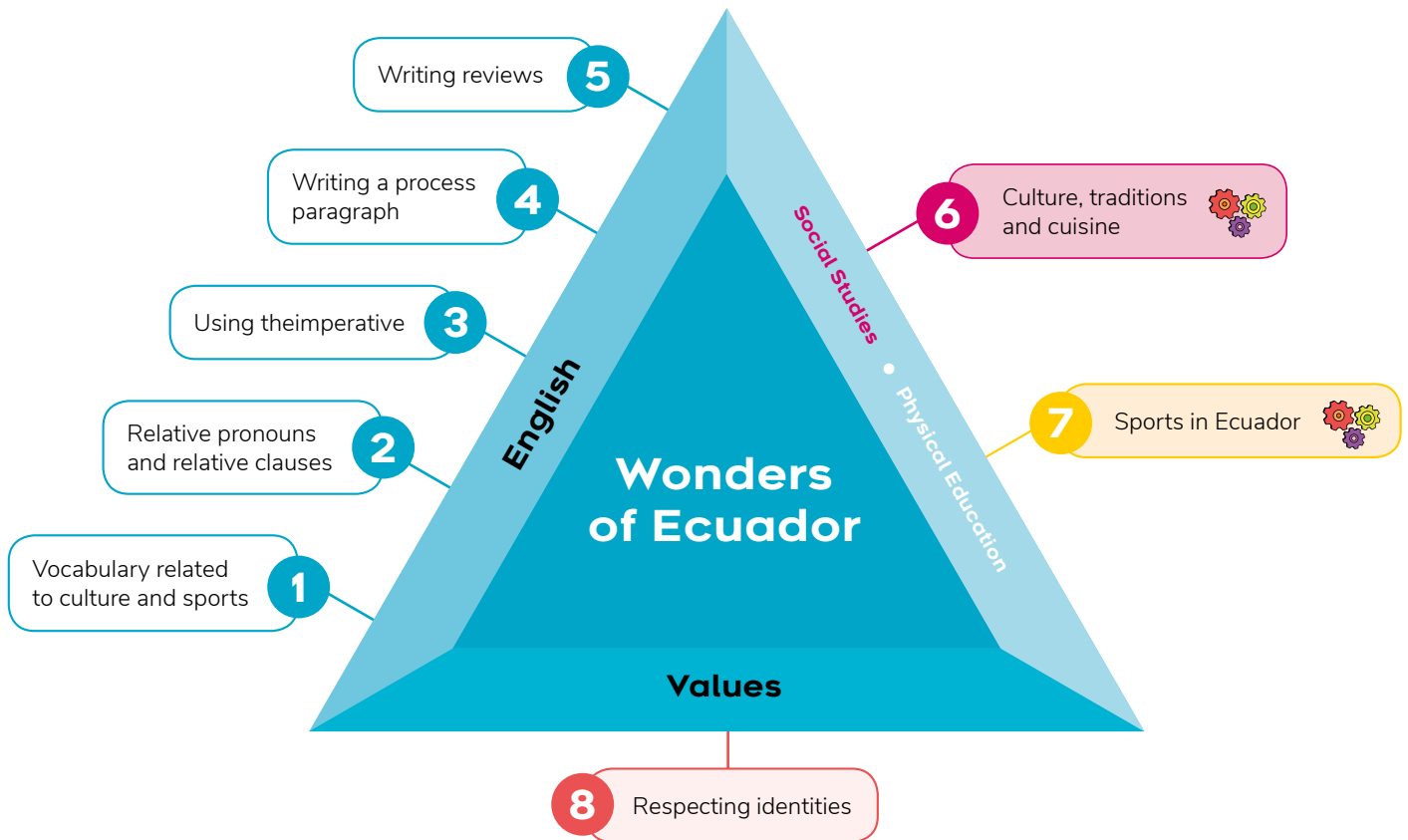


English Pedagogical Module 4

What is so wonderful
about our country?

Curricular Threads: Communication and Cultural Awareness,
Oral Communication, Reading, Writing, Language Through the Arts

First Course BGU



Ecuador, a Small but Magical Country

Our little but wonderful country is located on the Equator. It has different regions and therefore various traditions and cultures. There are handicrafts that are famous around the world because of their beauty and uniqueness. Our food is also delicious; it is difficult to determine which dish is the best.

But Ecuador is much more than that. Ecuadorian people are nice, hardworking, and passionate. They love traditions and also

sports. There have been many important people, teams, and sports that have brought glory to the country. Let's start this adventure of knowing more about our amazing and magical country.



What do you think makes Ecuador unique?

What do you know about our country?

Wonderful Ecuador



Talk as a class. What are some interesting facts you already know about Ecuador?

General Information

The official name of our country is the Republic of Ecuador. It is the second smallest country in South America, with 256,370 square kilometers. Due to its position on the Equator, our country has incredible biodiversity and wonderful landscapes.

The official language is Spanish. Quichua is spoken by many indigenous nationalities. About ten other native languages are also official in their communities. According to the law, all ancient languages in Ecuador will be respected and preserved.

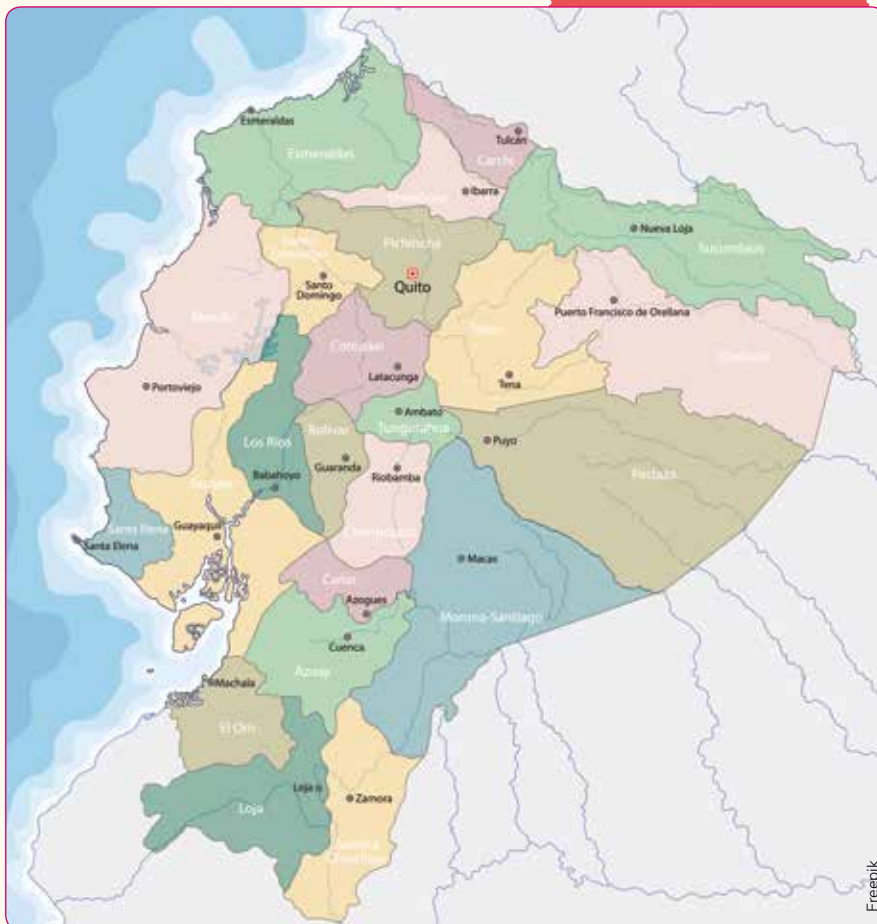
Ecuador uses the United States Dollar as its currency. The capital city is Quito.

Interesting Facts

The indigenous population in Ecuador is about 1.1 million people. They are composed of 15 indigenous nationalities. Ecuador voted in favor of the UN Declaration on the Rights of Indigenous Peoples. About 24.1% of Ecuador's indigenous people live in the Amazon region.

<https://www.iwgia.org/en/ecuador>

Value: Interculturality



Ecuador

- Based on the reading, circle the correct statements.
1. Ecuador is the second largest country in South America.
 2. We have great biodiversity because we are far from the Equator.
 3. About 12 languages are spoken in our country.
 4. Approximately 24.1% of indigenous people live in the Amazonia.
 5. There are about 1.1 million indigenous people in Ecuador.
- What else do you know about different indigenous groups?

Oral Communication

What are some interesting attractions for tourists in Ecuador?



Talk about some interesting touristic attractions in Ecuador that students know. Compare class answers with the following descriptions.

Ecuadorian Treasures

Listen to a foreigner tell their family about some wonderful features of our country.

Interesting Facts

Scientists first thought Chimborazo Volcano was extinct, but new research shows that it is still active and has erupted at least seven times in the past 10,000 years.

<https://url2.cl/CjrEF>



Complete the following chart. What does the visitor say she learned about the following touristic attractions in Ecuador? Use your own words.



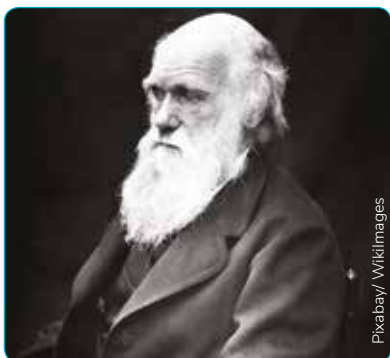
Panama Hat

1. Panama Hat



Chimborazo Volcano

2. Chimborazo Volcano



Charles Darwin

3. Galapagos Islands



Vocabulary

straw. the dry stems of wheat and other grain plants

dormant. not doing anything at this time: not active but able to become active

evolve. to develop by a process of evolution



- Which of the three things described would be the most interesting to you as a foreigner?

- Why?

Reading



Social Studies

Why are toquilla straw hats called "Panama hats"?



Have you ever heard about these kinds of hats? Does anyone in your family have one? Tell your classmates what you know about them.

The History of Paja Toquilla Hats

It is said that back in 1835, people in Montecristi, Manabi sent boxes of hats to Manta and Guayaquil to be exported to Panama. The time coincided with the California **Gold Rush** (1848-1855), which made the hat famous because of the abundant sun on the west coast of the United States. They became so popular in the **ports** of Panama that the name was quickly linked to that location.

During the construction of the Panama Canal, Theodore Roosevelt, who was the president of United States at that time, wore those kinds of hats and contributed to their increasing popularity. Many workers also wore them. It is said that many passengers who were passing through the canal also made the hats famous. They became really valued around the world. Edward VII of England ordered a hat for himself and paid a lot of money for it. In 1985, the hat was selected as one of the 100 best designs ever by the Conrad Foundation in England. Also, in 2017, the UNESCO declared *paja toquilla* hats as part of the list of Intangible Cultural Heritage of Humanity.



Fill in the blanks using information from the reading.

1. Paja toquilla hats are called _____.
2. Theodore Roosevelt wore those kinds of hats during _____.
3. _____ ordered a hat for himself and paid a lot of money.
4. In Ecuador, paja toquilla hats are made in _____, _____ and _____.
5. There is a museum about the history of hats in _____.
6. Write 4 interesting facts about the history of paja toquilla hats.

Interesting Facts

Paja toquilla hats are made in Montecristi, Cuenca, and Chordeleg, but most hats come from Cuenca. In fact, there is a hat museum in Cuenca in which visitors can learn about their history and the process involved in making them. You can find hats from \$20 to \$5000.



Panama Hats



Vocabulary

gold rush. a situation in which many people go quickly to a place where gold has been discovered because they hope to find more gold and become rich

ports. a town or city where ships stop to load and unload cargo

Writing

What is your favorite handicraft from your community?

A Short Review

Analyze the model: Tagua nut jewelry

Jewelry made of a seed does not seem so elegant, but there are some beautiful pieces. Tagua comes from a palm tree that grows in my community. It is called “vegetable ivory”; it is very similar to the ivory that people take from elephants. The best part of tagua is that no plant or animal gets hurt and you can create wonderful pieces of jewelry. My favorite piece is a colorful necklace that I have had for years and goes well with almost all my clothing. I also have a pair of earrings which are absolutely wonderful. I really like tagua jewelry and I am sure I will get more pieces.

Grammar Note

There are two types of relative clauses:

Defining: used to define the noun that comes before them.

Non-defining: used to identify the noun that comes before them.

Relative clauses start with a relative pronoun: **who** for people and **which** for things. In non-defining relative clauses, **who** and **which** can be replaced by **that**.



Tagua earrings



Step 1. Topic sentence: Introduce the idea of your favorite handicraft.

Step 2. Explain where the materials come from.

Step 3. Explain how it can be used. Is it a decoration, clothing, jewelry?

Step 4. Say why you like it and recommend it.

Step 5. Write your paragraph by joining all the sentences you wrote above. Try to use at least two relative clauses. Share your paragraph with a classmate and exchange ideas.



Identify four examples of relative clauses on the previous pages. Write them and identify who or what they are talking about.

1. _____

2. _____

3. _____

4. _____

Language Through the Arts

How can we represent native animals through art?

Pastaza Balsa Wood Animal Carvings

Colorful birds and animals **carved** in balsa are a very good example of how we can represent our surroundings by using art. In the village of Ahuano on the Napo River, there are some artists who create the most **accurate** bird reproductions with wonderful details. It is sad to say that as time passes by, all the people that used to work on these crafts are working in local businesses, and fewer people continue with this special art. The animals that are normally carved in balsa are monkeys, turtles, frogs, fish, and amazing colorful toucans and parrots.



What is nice about your community? People? Animals, buildings, plants, clothing? Let's make a craft that represents something interesting from our surroundings. Use your imagination!

1. Materials:
 - a. Any material that you have available (paper, cardboard, wood)
 - b. Colored pencils, crayons, markers, sticks.
2. Instructions:
 - a. Get in pairs or small groups. Discuss something representative of your community.
 - b. Choose a way you can display it using available materials.
 - c. You can model it, draw it, build it, or paint it.
 - d. Work on your craft.
 - e. Show it to the class and tell them about it.
3. Class presentation. You may present your craft by answering the following questions:
 - a. What is it? A handicraft? A building? An animal? A plant?

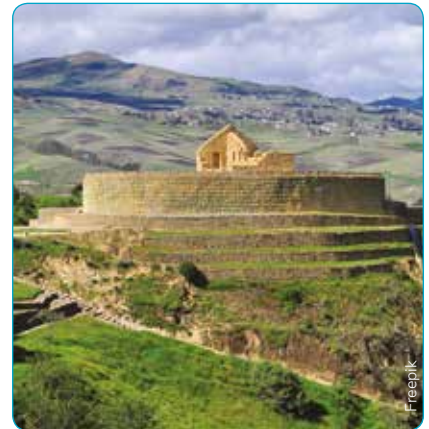
 - b. What materials did you use?

 - c. How long did it take you to do it?

 - d. Why did you choose it? What does it represent and why is it important for you?



Otavalo Market



Ingapirca, Cuenca, Ecuador



Animal Carvings



Vocabulary

carve. to make (something, such as a sculpture or design) by cutting off pieces of the material it is made of

accurate. free from mistakes or errors, exact

Oral Communication

How detailed can jewelry be?

Filigree Jewelry

Have you ever heard about filigree jewelry? Do you like it? What kind of jewelry do you like?

Our visitor keeps traveling around the country, and now she is visiting the southern region. Listen to the conversation and complete the activities.

Circle the correct answer

- Where is the visitor currently staying?
 - Chordeleg
 - Cuenca
 - Quito
- Filigree is made of
 - different kinds of metals
 - metal **threads** and **beads**
 - beautiful metal pieces
- Filigree designs are inspired in
 - nature and other shapes
 - animals and plants
 - hearts and love
- Candongas are
 - unique earrings from Chordeleg
 - unique pieces from India
 - traditional Ecuadorian rings

Interesting Facts

Filigree is an ancient technique. It has its origin in Mesopotamia, where they have made this kind of jewelry since 3000 B.C. The Egyptians also used wire to make pieces of jewelry, but it was not as popular. The Greeks also created wonderful pieces, and filigree reached perfection from the 6th to the 3rd century B.C.



Filigree



Filigree



Jeweler

Vocabulary

thread. a long, thin piece of cotton, silk, etc.

bead. a small, usually round piece of glass, wood, stone, etc., that has a hole through its center and that is put on a string with other similar pieces and worn as jewelry or that is sewn onto clothing

Communication and Cultural Awareness

What is a traditional and meaningful piece of clothing in our country?

Ponchos and Their Meaning

Our intercultural country has a variety of typical clothes, one of which is the poncho, which protects us from the cold and is really comfortable.

We have seen ponchos around us most of our lives. We may not know that besides being a beautiful piece of clothing that protects people from the cold, a poncho can also have different meanings according to its colors and **shapes**. The different designs represent peoples' gods, feelings, and **roots**, as well as elements in nature. Ponchos are luxury pieces that hold ancient wisdom and are also a symbol of each community; they may even show if a person is single or married.

In Ecuador, we can find more than 15 different kinds of ponchos. Each community has its own kind of poncho with unique characteristics that represent the identity of each group. They are made of alpaca or sheep wool and can be many different colors. Red represents the blood of our ancestors in fights for freedom as well as the vitality of living things. Blue represents the ocean and our taitas' wisdom. Black represents feelings, sorrow, the night, and our mother Earth. It is a beautiful part of our identity, culture, and traditions; something to be proud of and also respect.

<https://url2.cl/xnihA>

<https://url2.cl/fBcKh>

Answer the following questions in complete sentences.

1. Who wears ponchos?

2. What do the different designs represent?

3. Complete the meaning of the different colors. You can use *means*, *represents*, *shows* to start your sentence. Use your own words.

Red: _____

Blue: _____

Black: _____

Interesting Facts

Ponchos are worn in most of Latin America, especially in the highlands. All of them have some specific characteristics. The word "*poncho*" may have different origins. Some say it comes from the word "*punchu*", a "Quichua" word with the same meaning. Others claim the word has Spanish origin and it refers to a "little blanket". Either way, the word "*poncho*" is recognized all around the world.

<https://url2.cl/sIJjk>

Value: Interculturality, Respecting Identities



Colorful ponchos



Vocabulary

shape. the form or outline of an object

root. the origin of something

Oral Communication



Social Studies

How can food be a unique **feature** of a region?

Food as Part of Identity and Traditions

What is your favorite food? What would you recommend a visitor to try? What is a traditional **dish** in your community?

Do you remember our visitor? She is now trying some of our delicious food and is preparing a short radio broadcast for her blog to talk about it. Listen to it and complete the following activities.



Chugchucaras



Crabs



Maito



Fritada



What is your favorite traditional food? What region or city is it from? Do you eat it often?

Talk about it in groups of three. Share some comments with the class.



Circle all the correct answers

- The visitor explains how this is made:
 - chugchucaras
 - maito
 - cangrejo
- What cities does she mention?
 - Latacunga and Guayaquil
 - Macas and Latacunga
 - Guayaquil and Quito
- What kind of food did she not try?
 - cangrejos
 - hallullas
 - chugchucaras
- At what time did she eat cangrejos?
 - morning
 - afternoon
 - night
- What region has she visited the most?
 - Coast
 - Highlands
 - Amazon



Vocabulary

feature. an interesting or important part, characteristic, ability, etc. Usually plural

dish. food that is prepared in a particular way

seasoning. a substance (such as salt, pepper, a spice, or an herb) that is used to add flavor to food

Reading

What is the origin of some traditional food?

The Origin of Yahuarlocro

Yahuarlocro is a **thick** potato soup prepared with different kinds of potatoes as well as **sheep gut** and blood. The word *locro* comes from the “Quichua” word *lugru*, which means “potato soup”, and *yahuar* means “blood”. *Locro* is prepared with a variety of ingredients such as beans, corn, spinach, and other vegetables.

Yahuarlocro is certainly one of the most emblematic dishes in our country and its origin seems mysterious. Many scholars have done research about it and there are some theories about the history of this delicious dish. In the oldest recipe books, there’s no information about this soup, **although** many other traditional preparations and ingredients were registered. This shows that *yahuarlocro* may have been served only at farms and **countryside fairs**. Sheep arrived to Quito in the XVI century, so the use of it in the recipe may have started at that time in farms and little towns.

Nowadays it is served with onion salad, avocado, and sheep blood. Many people enjoy this soup and other traditional dishes in restaurants as well as at markets.

<https://url2.cl/B2MXm>

<https://url2.cl/4Twaz>



Have you ever eaten yahuarlocro? Do you like it? Where did you eat it? If you haven't had it, would you like to try it? Why or why not?



Yahuarlocro



Fix these incorrect statements and write the correct ones on the lines.

1. The only ingredients in locro are yellow potatoes.

2. Locro is very watery.

3. The origin of yahuarlocro is clear.

4. Yahuarlocro is not an emblematic dish of our country.

5. The recipe for yahuarlocro was registered centuries ago.

6. People in big cities and towns used to eat yahuarlocro

7. If you want to eat yahuarlocro, you can only do it in restaurants.



Vocabulary

thick. of a liquid: not flowing easily

sheep. an animal with a thick woolly coat that is often raised for meat or for its wool and skin

gut. the internal organs of an animal

although. used to introduce a fact that makes another fact unusual or surprising

countryside. land that is away from big towns and cities.

fair. a large public event at which there are various kinds of competitions, games, rides, and entertainment

Writing

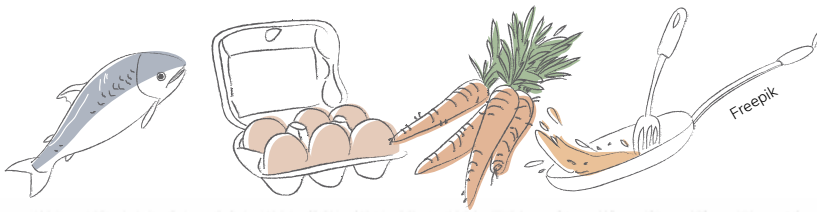
Can you prepare a traditional dish?

Sharing Recipes. Writing a Process (How-to) Paragraph

In order to write about a process we need to think about chronological order and separate the process into steps. Use numbers to indicate the stages and use the verb in the imperative form to give instructions. Use commas when listing more than two things.

Let's write our recipe!

Dish: _____



Grammar Note

Imperative form is used to give an order, a warning, or a piece of advice. You can make a request adding the word "please".

Order: Come here!

Warning: Be careful!

Advice: Eat fruit. It's healthy.

Request: Close the door, please.

Negative Don't go. Don't point at people! Do not walk here.

Useful Vocabulary

add. to put ingredients together, to put one ingredient with others.

chop. to cut into small pieces, generally used with vegetables.

combine. to put two or more things together.

boil. to heat water or another liquid until bubbles form.

cut. to separate or divide a solid by using a knife.

drain. to remove excess liquid from food after washing or cooking it.

fry. to cook by putting food into extremely hot oil.

cook. To prepare food by heating it so that it is not raw and can be eaten.

Language Through the Arts

What is special about my community?

Special Features of My Community

Think of the stories you have heard in your community that have survived generations. Maybe it is a story your grandparents told, or something all people in your city or town know. You are going to write and illustrate that story in English in a comic.



- Get in groups of three or four students.
- Find something characteristic of your community. It can be clothing, food, handicrafts, among others.
- Do some research about the origin or meaning of the object that you have chosen.
- Prepare a short presentation to talk about this special feature of your community.
- Use your imagination and use the materials you have available. You can use paper, pictures, drawings, cardboard. It would be a good idea to prepare a collage or poster.
- Show it to the class.



Freepik



Write a couple of sentences about your experience. Did you learn a lot with your research? What is something new you learned about your community?



Useful expressions

In order to present your collage or poster to your classmates, you may need some useful expressions.

1. To introduce your presentation:
Good morning! We are going to talk about

/We are going to present

2. The origin is

3. The materials, ingredients, etc. are

4. It is worn, prepared by

5. It is interesting/ important because

Oral Communication

What can you enjoy during Carnival holidays?

Traditions

How do you celebrate Carnival in your community? Do you have special traditions, food, or parades?. List some of the ideas mentioned in the group.



Have you ever visited other communities during Carnival holidays? Talk to your classmates about different traditions in our country for Carnival. You can prepare some notes here:

[illegible]

Coangue Carnival

Listen to the dialogue and answer the questions in complete sentences.

1. What is the meaning of the word "Coangue"?
 2. What is the typical music in El Chota?
- Underline the statements mentioned in the conversation.
- a. The visitor has never visited any carnival celebration in Ecuador.
 - b. Coangue Carnival is an old tradition.
 - c. The Chota river builds the culture and identity of the community.
 - d. People celebrate next to the Chota River.
3. What can you find in Coangue Carnival? Circle the correct answers.
 - a. music
 - b. dance
 - c. paintings
 - d. poems
 - e. theater
 - f. handicrafts
 - g. traditional clothing for sale
 - h. folk songs
 - i. fast food
 - j. some sports

Achievement Level - Listening:

Individual activity

- 1— Listen to the following radio broadcast. Answer **True (T)** or **False (F)**. If it is false, write the correct statement based on what you hear.

1. The name of the radio program is “Our Culture Is Our Identity”.

☐

2. The tourist is only visiting Ecuador.

☐

3. Años viejos only represent famous people or politicians.

☐

4. People in Guayaquil build statue-like años viejos that are very accurate.

☐

5. Burning años viejos symbolizes good luck for the last year.

☐

Achievement Level - Vocabulary / Grammar

Individual activity

- 2— Complete the following testament with the correct relative pronouns.

(which, who, that)

For this year _____ is ending. I want my dear children, _____ are the light of my life, to remember me as a tough but interesting year. I leave my chair at work to my lovely coworkers, _____ have been very nice. Maybe next year will bring more money, maybe a pay raise.

For my students, _____ are reading in English, I give you my heart because you are working hard. We have learned that English, _____ is difficult, is also fun. Happy New Year!

Achievement Level - Vocabulary / Grammar

Individual activity

- 3 — Read the passage and complete the activities. Answer the following questions in complete sentences.

New Year's Traditions

In my first visit to Ecuador I was really surprised when I saw the uncommon image of men dressed like women who are supposed to be the widows of the *año viejo*. These characters with colorful wigs and little black dresses block the streets and dance suggestively for people passing by, especially men, in order to get some money “to survive” after their husbands are burned. It has become very lucrative for the young men who dress up, since they can get more than a hundred dollars in a couple of hours.

Many people gather together in traditional neighborhoods or in family groups to make the *año viejo* with funny messages and of course a will or testament in which drama and humor are combined to talk about good and bad moments, about family members, and also about the situation of the country. It shows Ecuadorian creativity and imagination.

What are some characteristics of *viudas*?

Why do *viudas* ask for money on the street?

What do wills talk about?

What characteristics do wills have?

I'm completing this self-evaluation based on what I learned in the module.

Self-evaluation

Topics	I check ✓ the box that most applies to me			
	I do it very well	I do it somewhat well	I can improve	I can't do it without help
Read about culture and traditions				
Use relative pronouns correctly				
Write a recipe				



Project 1

Important Traditions

Ecuador is a diverse country. Its three regions have different clothing, food, and traditions. Each city, town, and community has its own unique customs. Now it is your turn to organize a project with your classmates to celebrate your uniqueness and remind people of the richness of our culture.



- Step 1.** Talk to the teacher and the class and choose what artifacts of the culture you are going to show. Is it clothing? Food? Dances? If you are a large group, you can choose a lot of them and divide them into small presentations. You may want to organize a Culture Fair in your school and show your project to other classes.
- Step 2.** You don't need to spend money or get difficult materials or resources. You only need to use what you already have available in your community.
- Step 3.** Do some research, either in books, on the internet, or asking the wise elderly people of your community about some traditions and their meaning, about old ways to make food or ingredients that are not used anymore.
- Step 4.** Gather all the information available and start organizing your project with your classmates and teacher.
- Step 5.** Present your project, either with posters, PPT, real food, clothing, or a beautiful piece of typical music or dancing.



Answer the following question.

Did you enjoy investigating about some traditions of your community? How did you feel?

Interesting Facts

"Tradition is not the worship of ashes, but the preservation of fire."

Gustav Mahler



Here are some expressions that can help you present your project.

1. We are going to present

2. It represents (make it plural if necessary)

3. We chose this (name what you chose: food, clothing, etc) because it is

4. It means

5. The material, ingredients, music, etc. is/are



Teamwork

Review

Grammar

Fill in the blanks with a relative pronoun: *who*, *which*, or *that*

Washkas, _____ means “necklace”, are made of minerals and gems such as amethyst and obsidian, as well as corals. According to the indigenous worldview, they have special powers. Women _____ wear them keep their balance and good energy. *Washkas*, _____ also keep bad spirits away, are worn in weddings, ancient festivities, and religious celebrations. In the past, people _____ had many *washkas* were considered wealthy. Nowadays, old necklaces are considered an Andean treasure.



Find these 10 words in the word search. Then choose 4 of the words and write a sentence using them.

accurate - blood - carve - chop - feature - gut
- roots - straw - thick - thread

M	B	P	N	L	L	W	Q	C	C	O	G	T	W	T
I	D	M	C	L	T	B	S	H	L	L	G	O	I	H
Z	O	A	K	P	H	K	G	Y	Y	F	B	B	W	R
T	E	Q	W	L	I	A	G	O	T	R	L	Z	Z	E
A	T	J	S	J	C	F	U	R	X	C	O	W	D	A
W	Z	B	T	O	K	G	T	R	U	H	O	D	J	D
N	V	K	R	B	C	A	R	V	E	O	D	H	E	X
C	F	M	A	H	M	I	W	V	W	P	Z	J	A	W
E	E	T	W	J	B	N	Z	G	I	N	M	J	C	C
A	A	U	B	D	K	Z	Q	U	K	P	R	W	C	K
M	T	Z	M	Y	P	F	E	T	I	S	R	D	U	U
Q	U	Y	Y	N	F	R	R	R	N	O	T	I	R	A
U	R	U	D	C	N	D	V	D	A	R	C	T	A	I
K	E	O	O	B	G	P	M	O	Z	P	B	S	T	W
X	P	R	O	O	T	S	P	H	K	X	E	Q	E	E

1. _____
2. _____
3. _____
4. _____

Communication and Cultural Awareness



Social Studies

How do sports shape culture?

Sports and Culture

It is said that culture is everything around us. It is the way we speak, we dress, even the way we think about certain topics. The word culture comes from the Latin “cultura”, which means to tend to, to cultivate.

It was first understood as growing through education, but in the middle of the 19th century it was related to collective customs and **inherited** traditions and patterns of meanings in societies. All cultures are different and even in a single country many subcultures can be identified.

Sports are a universal element found in all cultures. They provide young people with experiences, fun, good physical health, as well as opportunities for social interaction and skills necessary for participation in society. Young athletes are also agents of change in their communities; they can educate others and inspire young athletes. When people are engaged in sports, identities and goals are shared. **Bonds** are cultivated across racial, ethnic, and class lines. In this way, sports help human rights to progress.

<https://www.coe.int/en/web/compass/culture-and-sport>

Answer the questions in complete sentences.

a. When may have sports appeared?

b. What does evidence say about ball games?

Interesting Facts

The history of sports can be traced back 3000 years. Some evidence shows that in the beginning, sports were preparation for war or training for survival activities. Many early games involved throwing rocks, **spears**, or **stakes**.

Archaeological pieces have shown that ball games were played by the Chinese and the Aztecs.

<https://www.britannica.com/sports/sports>



Aztec ball game court

Underline the ideas present in the text.

1. Culture reflects everything we are.
2. Culture only means “to be educated”.
3. Culture is the same in all societies.
4. We can find sports in all cultures.
5. The only benefit sports offer is physical well-being.
6. Athletes may become the inspiration for young people.
7. Sports promote human rights around the world.



Vocabulary

inherit. to get (a personal quality, interest, etc.) because of the influence or example of your parents or other relatives

bond. an emotional or social connection between people

spear. a weapon that has a long straight handle and a sharp point

stake. a pointed stick or post that is pushed into the ground especially to mark a place or to support something

Oral Communication



Physical Education

What sports are practiced in Ecuador?

Ecuador and Sports

Do you practice any sports? What kinds of sports do people in your community practice? Discuss the sports or games you practice as a class.

Listen to the radio program about sports and answer the following questions in complete sentences.

1. What is the most practiced sport in Ecuador?

2. Where are new trendy sports mostly played?

Interesting Facts

The first time a soccer ball arrived in Ecuador was in 1899. Two brothers came from England and got people interested in the sport and created the first soccer institution called Guayaquil Sport Club. The first games started in 1900 and the first championships started in 1922.

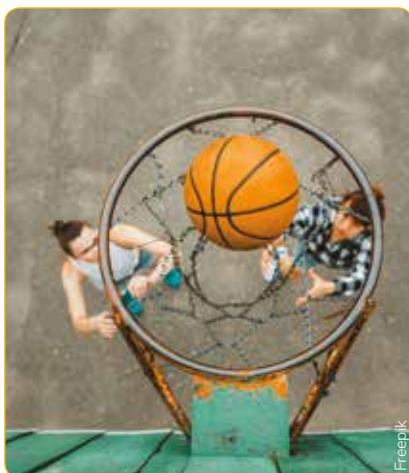
<https://url2.cl/Upi79>

Circle the sports that are mentioned in the program

1. hockey
2. skating
3. american football
4. skiing
5. cycling
6. rugby
7. martial arts
8. swimming
9. soccer
10. boxing



Antonio Valencia. Ecuador vs Perú, Rusia 2018



Basketball



Volleyball



Freeplik

Reading

Are there any traditional Ecuadorian sports?

Ecua-volley

Have you heard about this sport? Do you know why it is called that? Have you seen people in your community playing Ecua-volley? Discuss this as a class.

Ecua-volley or local volley is believed to have its origin in Ecuador at the beginning of the 19th century. It is now the second most practiced sport in the country, usually played in little towns and neighborhoods. What is interesting about this practice is that around an Ecua-volley game people play cards, others **bet**, and there can even be music.

How are ecua-volley and volleyball alike and different?

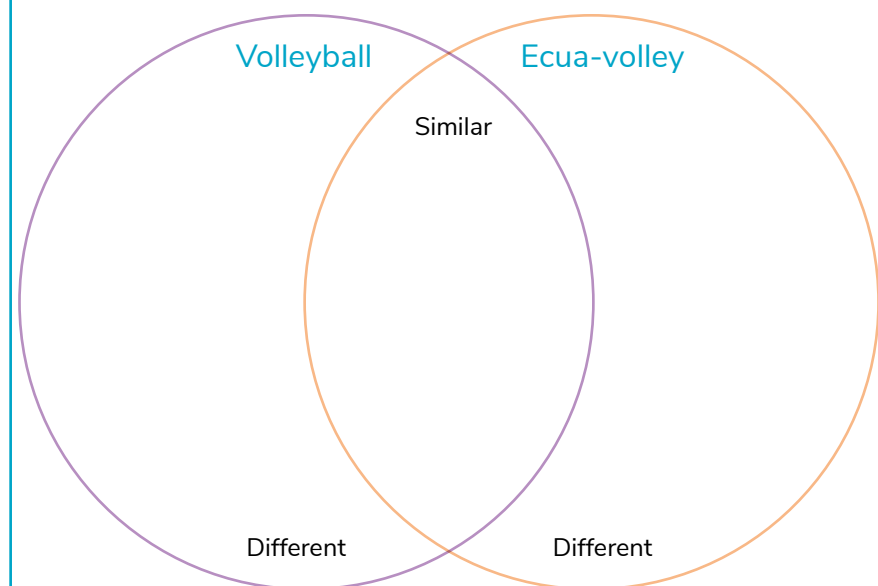
Ecua-volley has three players on each team while volleyball has six players per team. The position and size of the **net** is also different. In Ecua-volley, the net is less than a meter **wide**, and it is 2.75 meters high. In volleyball, the net is one meter wide and 2.30 meters high on average. Ecua-volley is played with a #5 soccer ball, while volleyball has its own special ball.

Despite the number of people that like, play, and follow the sport all around the country, it is considered a recreational sport, so there are no official championships besides those organized in neighborhoods. On the other hand, volleyball is an Olympic sport practiced in many countries.

Due to migration, Ecua-volley is practiced in Spain, Italy, the United States, and some countries in Latin America.

<https://url2.cl/7Na3t>

Use the following Venn Diagram to compare and contrast volleyball and Ecua-volley.



Interesting Facts

Volleyball was invented in 1895 by William G. Morgan. He created the game as a combination of basketball, baseball, handball and tennis. Nowadays, volleyball is so popular that it is the second most played sport in the world.

<https://url2.cl/r15zz>



Ecua-volley



Vocabulary

bet. an agreement in which people try to guess what will happen and the person who guesses wrong has to give something (such as money) to the person who guesses right

net. a fabric that is hung across the middle of a playing area in some games (such as tennis, badminton, or volleyball)

wide. measured from side to side

Writing

What sports or games are practiced in your community?

Popular Sports

Write a short paragraph about a sport that is commonly practiced in your community.



Use your notebook for the writing process.

- Brainstorm – make a list of ideas
- Outline – organize your ideas in a logical way



The following questions may help you write your paragraph:

- What sports are practiced in our community?
- Who plays them? (kids, adults, men, women)
- When is the sport practiced?
- Are there any other activities that people do during those games?
- Do you like it?
- Do you practice it?



Value: Health care: Health Care, Healthy Recreation Habits



Write the final paragraph, 50-60 words.

This image shows a blank sheet of white paper with horizontal grey ruling lines. On the right side, there are two decorative elements: a small orange starburst near the top and a teal semi-circle further down. The rest of the page is empty.

Grammar Note

Present Passive

Passive voice is used to focus on the **object** of the sentence. It means it focuses on the **recipient** instead of on the agent or doer of an action.

Active Voice

People in Ecuador practice many sports.

Passive Voice

Many sports are practiced in Ecuador.

In the passive voice we use the verb **to be** and the **past participle** of the verb.



Language Through the Arts

Can some sports be artistic?

Artistic Skating

Skating can be divided in two types: roller skating and ice skating. Artistic roller skating is practiced worldwide, even in our country. Both skating types are demanding because **strength** and speed are combined with **grace**, **poise**, precision, and agility.

Ice skating may have originated in southern Finland about four thousand years ago. It started as a recreational activity and became a sport in the 19th century. Now it has become the most popular sport of the Winter Olympic games.

Figure skating consists of free and expressive techniques based on dance movements. Music is an important part of this sport. Skaters used to create their routines using classical music, but nowadays many kinds of music are used, even rock.

<https://url2.cl/1dlSx>



Ice skater

Interesting Facts

Ice skates have special metal **blades** that allow skaters to smoothly slide on the ice. The blades have **edges** that generate speed. For professional ice skaters, the quality of the ice is very important. For that reason, there are ice rinks created to practice the sport and also for recreation. In countries where it is really cold in the winter, many people skate outdoors.

<https://url2.cl/UGuZj>



Roller skates



Vocabulary

strength. the quality or state of being physically strong

grace. a way of moving that is smooth and attractive and that is not stiff or awkward

poise. a graceful way of walking, moving, standing, etc.

blade. the sharp metal piece on the bottom of an ice skate

edge. the part of a blade that cuts

Write 5 characteristics of ice skating:

1. _____
2. _____
3. _____
4. _____
5. _____

Oral Communication

Do you know any famous Ecuadorian in sports?

Sport Achievements

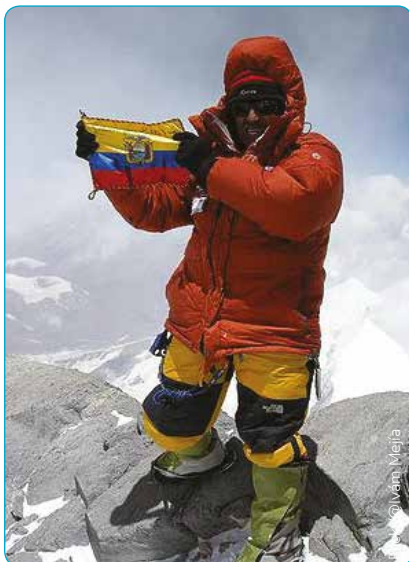
Have you heard about Ecuadorian sport achievements? Have we won any international championships or medals?

Some students in school asked their teacher about famous Ecuadorian people in sports and their achievements. Listen to the teacher's answer and complete the activities.



Jefferson Pérez

List four sport achievements mentioned by the teacher.



Iván Vallejo



Andrés Gómez



Get in groups of three students and talk about your feelings related to sport achievements. Do you feel happy? Do you think famous sports players should earn a lot of money? Is it important for you and the members of your community to enjoy sports and international tournaments? Write your thoughts.

Communication and Cultural Awareness

Do you think sports are related to people's identities?

Sports and Identity

Sports move entire countries into moments of **uncertainty**, hope, and happiness; they can also bring sadness and **disappointment**. Either way, sports cause extreme emotions in many people.

There is a **complex** relationship between sports and culture. The passion people have for sports can either unify or divide them. However, most of the time, sports give a sense of union as well an **awareness** of national identity. Beyond ethnicity, gender, religion, or class, a national team that participates in any sport becomes the country itself by representing the feelings of millions of people. This shows the connection between sports, identity, and the sense of belonging to a specific group or country.

Despite the happiness and emotions sports can bring, unbalanced passion can cause violence and people may get hurt if respect and tolerance are not part of the sports culture. Sports should promote peace and inspire future generations.

<https://url2.cl/C113h>



Sports prizes



Ecuadorian team celebrating

How do you feel about sports? Does it cause emotions in you? Positive? Negative? Both? Have you ever seen a sports situation get out of control?

Answer **True (T)** or **False (F)**. If it is false, write the correct statement based on what you hear.

1. Sports only bring happiness to people.

2. Sports do not cause emotion in people.

3. Sports can cause division in people if there is not respect and tolerance.

4. Through sports, people are aware of their national identity.

Vocabulary

uncertainty. something that is doubtful or unknown

disappointment. something that is sad because you did not expect it

complex. not easy to understand or explain; not simple

awareness. knowledge, consciousness, and familiarity with something

Oral Communication

Have we ever won any international races?

Rolando Vera: “El Chasqui de Oro”

Have you ever heard about Rolando Vera and the San Silvestre **aces**?

Culture

The San Silvestre races are held every year on December 31st in various places of the world. The name comes from the book of Catholic saints, in which Saint Silvester is celebrated on that date. In South America, the race is in Sao Paulo, Brazil and it is the most famous race in the region. It used to be done at night, but now it is done in the morning. The road and distances have also changed with time, but it is still important for South American runners.

<https://url2.cl/qZrP3>

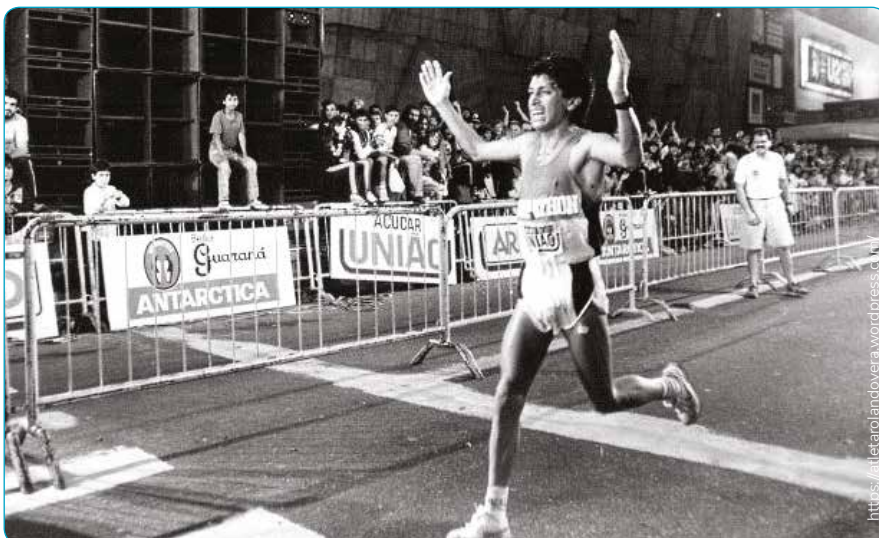
Listen to the teacher talk about some important sport achievements. Complete the following statements.

1. The teacher used to _____ to watch _____ with _____.
2. Rolando Vera was born in _____.
3. He brought much _____ and _____ to the country.
4. He also won _____ Los Angeles and Chuncheon.
5. He participated and won _____ San Silvestre _____ from _____ to _____.

What other athletes have medals in San Silvestre races?

Write their names and the years in which they participated. Paste a picture of any of them.

Use reliable sources such as the news or sports magazines.



Rolando Vera



Vocabulary

pride. a feeling of happiness that you get when you or someone you know does something good, difficult, etc.

race. a competition between people, animals, vehicles, etc., to see which one is fastest

in a row. when something happens various consecutive times without stopping

Reading

Have we ever gotten an Olympic gold medal?

“Gold Jefferson”

Do you know who Jefferson Pérez is? Have you ever talked about him in school?. Read the following passage and complete the activities as requested.

It was July 26th, 1996. A young man from Cuenca, called Jefferson Pérez, participated in the Atlanta Olympic Games in race walking. He got the gold medal in 20 kms and became the first and still the only Ecuadorian to get a gold medal in the Olympic games. People in Ecuador were amazed with such an achievement and everybody celebrated. The former President Sixto Durán-Ballén declared Jefferson Pérez a national hero. Twelve years later, he won the silver medal in the Olympic games of Pekin. He was also recognized around the world for being the world champion in race walking in 2003, 2005, and 2007.

He was born on July 1st, 1974. He started his successful career in 1988 when he won his first championship in South America. By the time he won the Olympic gold medal, he had won about 40 championships. He competed with the best athletes worldwide and showed that Ecuadorians can be on top. He worked hard and trained for years in order to bring glory to our country. Jefferson Pérez should always be remembered and appreciated, as well as all those who have made Ecuador known around the world.

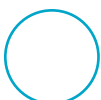
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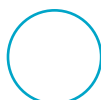
Answer the questions in complete sentences based on the story.

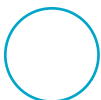
1. When and where did Jefferson Pérez win both Olympic medals?

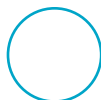
2. How many championships had Jefferson Pérez won before his Olympic achievement?

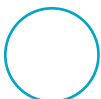
3. Complete the timeline with the achievements of Jefferson Pérez mentioned in the passage. Write the year in the circle and the event on the line.













Culture

Race walking is a very difficult Olympic sport. It is a long-distance race in which the athletes must walk and not run. In race walking, there is a rule known as the “**straight** leg rule,” which means that when the front touches the ground, the front knee is not allowed to **bend** until the back leg passes under the center of the body.

<https://url2.cl/mNTXs>



Vocabulary

straight. not having curves, bends, or angles

bend. to move (a part of your body, such as an arm or leg) so that it is not straight



J. Pérez participating in an international race.

Writing

Can you write your own creative sports story?

Creative Writing



You are going to write a short story about a fictional sports hero. Discuss some of the famous sports glories you have already discussed as class so that you can start getting ideas.

Creative writing is an opportunity for you to be just that: creative. Use your imagination to create a short story about a fictional Ecuadorian sports hero. Follow these steps.

- Step 1.** Start brainstorming. Ask yourself these questions: What sport do I want to focus on? What will be the name of my hero? Where will my hero be from? What will be his or her greatest achievement?
- Step 2.** Write down the information you brainstormed here to organize it.
- a. Name of the sports hero: _____
 - b. From: _____
 - c. Sport: _____
 - d. Achievement and details: _____

- Step 3.** Put your story together with the information above. Start with a sentence that catches your reader's attention. Develop the story in a logical order and finish with a sentence that makes it clear that it is the end of your story. Write a draft of your story in your notebook. (80-90 words)
- Step 4.** Exchange your story with a partner. Comment on each other's stories. What did you like? What can be done better? Are there any language errors?
- Step 5.** Write a final version of your story to give to your teacher.

Interesting Facts

What about other successful tennis players?

Nicolas Lapentti Gomez

He was born in Guayaquil and started playing tennis when he was 7. His father was a known basketball player and supported him during all his career. He started participating in international tournaments at the age of 13. After years of being a junior player he became a professional. He won numerous international prizes, and by 1999 he was the sixth best tennis player in the world.

There have been many tennis players that deserve to be mentioned: Miguel Olvera, Pancho Guzmán, Eduardo Zuleta, María Guzmán, Ricardo Ycaza, Raúl Viver, Luis Morejón, Pablo Campana, among others.

<https://url2.cl/PWr3j>



Andrés Gómez playing Roland Garros tournament.



Vocabulary

match. a contest between two or more players or teams

tournament. a sports competition or series of contests that involves many players or teams and that usually continues for at least several days

Language Through the Arts

What are the most memorable soccer achievements of our country?

Ecuadorian Goals

Soccer is the most followed sport in Ecuador. We have won some soccer prizes, and we have also celebrated many achievements.



Let's do some research. What are the most wonderful soccer achievements that have caused excitement in the whole country?

1. Get into groups and choose the topic you want to present to your classmates.
2. You can investigate on the internet, in newspapers, or asking adults about it.
3. Choose the way you want to present your information.
 - a. photo collage
 - b. drawings
 - c. posters
 - d. play
 - e. song
4. Check the previous pages for useful expressions.
5. Organize the class presentation. You might want to invite other classes to see it.



Answer the following questions in complete sentences.

1. What did you learn about soccer?

2. What was your favorite soccer achievement? Why?



Flickr/ Rodrigo Angobaldo

Ecuadorian team playing against Perú

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Oral Communication

What other sports have we practiced?

More than We Can See

There have been other sports and tournaments that Ecuadorian representatives have participated in and succeeded. Do you know about them? Have you ever heard about swimming or climbing achievements? Talk about it with your teacher and the class.



Cut out and paste or draw pictures of all the athletes mentioned in the program. Compare them with your classmates and talk about their achievements.

Jorge Delgado, Galo Yépez, Sara Palacios, Iván Vallejo, Carla Pérez

Research about one of them and write some sentences.



Listen to the program and complete the activities that follow.

1. Underline all the statements mentioned in the program.
 - a. We got the fourth place in the Olympic Games in 1972.
 - b. The English Channel is cold and part of the Atlantic Ocean.
 - c. Galo Yépez was the first person in the world to cross the English Channel.
 - d. Sara Palacios swam through the channel before Galo Yépez.
 - e. Iván Vallejo was the first person to climb the fourteen highest mountains of the world without oxygen.
 - f. Carla Pérez was the first woman to get to the top of the Everest.

2. Correct the statements that were wrong in the previous activity.

3. Which of the athletes mentioned is the most admirable for you? Why?

Achievement Level - Listening

Individual activity

- 1— Listen to a teacher talk about the first famous tennis player of our country, Pancho” Segura. Write 5 important facts about Pancho” Segura.

1. _____
2. _____
3. _____
4. _____
5. _____

Achievement Level - Reading

Individual activity

- 2— Alberto Spencer, “Magic Head”. Answer the questions according to the text.

This mythical soccer player was born in Ancón (Santa Elena) in 1937. For those who were not lucky enough to see him play, there are some black and white videos and pictures that show his unique skills. He is considered the best Ecuadorian soccer player of all time, besides being the best goal scorer ever in Copa Libertadores. He is even one of the best soccer players of the 20th century. He was part of the Ecuadorian team and thanks to his performance, in 1959 he was hired by the soccer team Peñarol from Uruguay, and after some time he was asked to become Uruguayan, which he accepted after being part of the national team. His abilities were compared to the Brazilian Pelé by many European journalists. He died in 2006 and is remembered because he was humble and always loved Ecuador.

Alberto Spencer was born _____ .

What were his main characteristics? (Answers may vary.)

Who was he compared with? Why?

Individual activity

Who has been your favorite Ecuadorian sport player? Why? Write a short review of 40-50 words. Explain who the person is, what he or she did, and why he or she is your favorite.

Self-evaluation	I check ✓ the box that most applies to me			
Topics	I do it very well	I do it somewhat well	I can improve	I can't do it without help
Read about culture and traditions				
Use relative pronouns correctly				
Write a recipe				



Project 2

Let's Organize a Sport Tournament

The purpose of our tournament is to motivate people of our community or school to practice sports and have healthy habits.



- Step 1.** Create a short survey asking your classmates or members of your community what sports they would like to practice.
- Step 2.** Before starting the tournament, do a little research about the chosen sport and give some pieces of information to your classmates.
- Step 3.** After getting the results, get together with your classmates and organize a little tournament. It is not necessary to spend any money.
- Step 4.** Ask the teams to organize schedules and uniforms in order to play.
- Step 5.** Play and enjoy.

Tip

Survey: Useful Advice

It is important to make clear and objective questions. Try not to ask it too long.

Ask questions like:

What is your favorite sport?

Would you like to practice that sport?

Would you be able to participate in a short tournament?



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